

## *Introduction*

During the last three decades, the participation of women in all areas of work and development has increased. This has been possible with various policies and programmes charted out specifically for the development of girl child and women. More specifically, the "Women in Development" or WID approach grew out of the idea that women had been "outside" health and development process and that, in order to correct this situation and to integrate them, it was necessary to target efforts specifically for the young girls and women. In most cases, women are in a position of socio-economic disadvantage that negatively affects their health and it is thus necessary to promote interventions that seek to improve women's disadvantaged situation. Therefore, until equity is achieved, it requires a gender approach to give special focus to women's situation. In the light of above, this training programme is organized to sensitize the health professionals on inter relationship between gender, health and development. Further, gender equity and women empowerment has been accorded high priority both by ICPD goals and Millennium Development Goals.

The objective of this training course is to enhance gender sensitivity by increasing capacity of health personnel to conceptualize gender issues and integrate these into the development process. The training programme aims to provide skills to health personnel to incorporate the gender approach and to be able to influence appropriate policy planning, developmental aspects and strategic management in their daily work. It is designed to orient the trainees with knowledge, skill and the required attitudes on gender in development. It is expected that the training course would enable the participants to initiate changes in the policies and/or programmes that would be gender inclusive and gender sensitive in their organizations.

## *General Objective*

To enhance the skills of health personnel to operationalize Gender Approach in the health system.

## *Specific Objectives*

At the end of the training programme, the participants will be able to:

- Examine the concept of gender, health and development in a holistic approach.
- Discuss the gender approach and its relevance to areas of health and human development.
- To acquire skills and methodologies to enable participants so as to be able to apply 'gender approach' in their work profiles.
- To be able to understand the concept of Gender Budgeting.
- Incorporate gender into health projects and programmes.
- To apply gender analysis into their own areas of work (projects/programmes).

## *Course Contents*

- Concept of gender, health and development.
- Current scenario of health of girl child and women
- Gender mainstreaming in health sector.
- Concept of Gender Budgeting.
- Gender appraisal of health programmes.
- Analysis of gender aspects in National/State programmes and policies.

## *Methodology*

Orientation to concepts through lecture-discussion method. Participatory approach would be used for practical work and group exercises.

## *Duration*

Three days (Sept. 24-26, 2008)

## *Nature of Participants*

Programme Officers and other officers involved in planning and implementation of National Health Programmes, faculty/ trainers of medical colleges and training Institutes and officials engaged in data analysis in the health sector.

## *Number of Participants*

(25-30) One or two from each state or organization.

## *Course Outcome*

The course would offer opportunities to understand basic knowledge about the gender issues, reproductive and other health issues. It would enable participants to increase capacity to conceptualize gender issues and how to integrate these into planning and development processes.

## *Venue*

Teaching Block,  
National Institute of Health and Family Welfare,  
Munirka, New Delhi-110067.

## Course Coordinating Team

Course Director : Prof. Deoki Nandan  
Course Coordinator : Dr. Poonam Khattar  
Course Co-coordinator : Dr. K. S. Nair



## About the Institute

The National Institute of Health and Family Welfare is a premier autonomous Institute, funded by the Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health manpower development in the country.

NIHFW serves as an apex 'technical institute' as well as a 'think tank' to promote national health and family welfare programmes in the country through education and training, research and evaluation, consultancy and advisory services, specialised projects, etc.

## Location of the Institute

It is situated in South Delhi, near Jawaharlal Nehru University and Munirka DDA Flats. It is easily accessible from both the Indira Gandhi International Airport and the New Delhi Railway Station, approximately 7 kms. and 15 kms. respectively. Pre-paid taxis/auto-rickshaws are available.

## Course Fees

There is no Course Fee. TA /DA /other expenses will be borne by the participant/sponsoring institute.



## Accommodation

Moderate hostel accommodation at nominal rates would be provided to the participants only, within the Institute's Campus.



## Weather

Fine weather with temperature around 30-35 degree Celsius.



## Last Date for Sending Nominations

2<sup>nd</sup> September, 2008

(Participants are requested to make Travel plans on receipt of confirmation for participation from NIHFW.)

## Further Correspondence to be addressed to:

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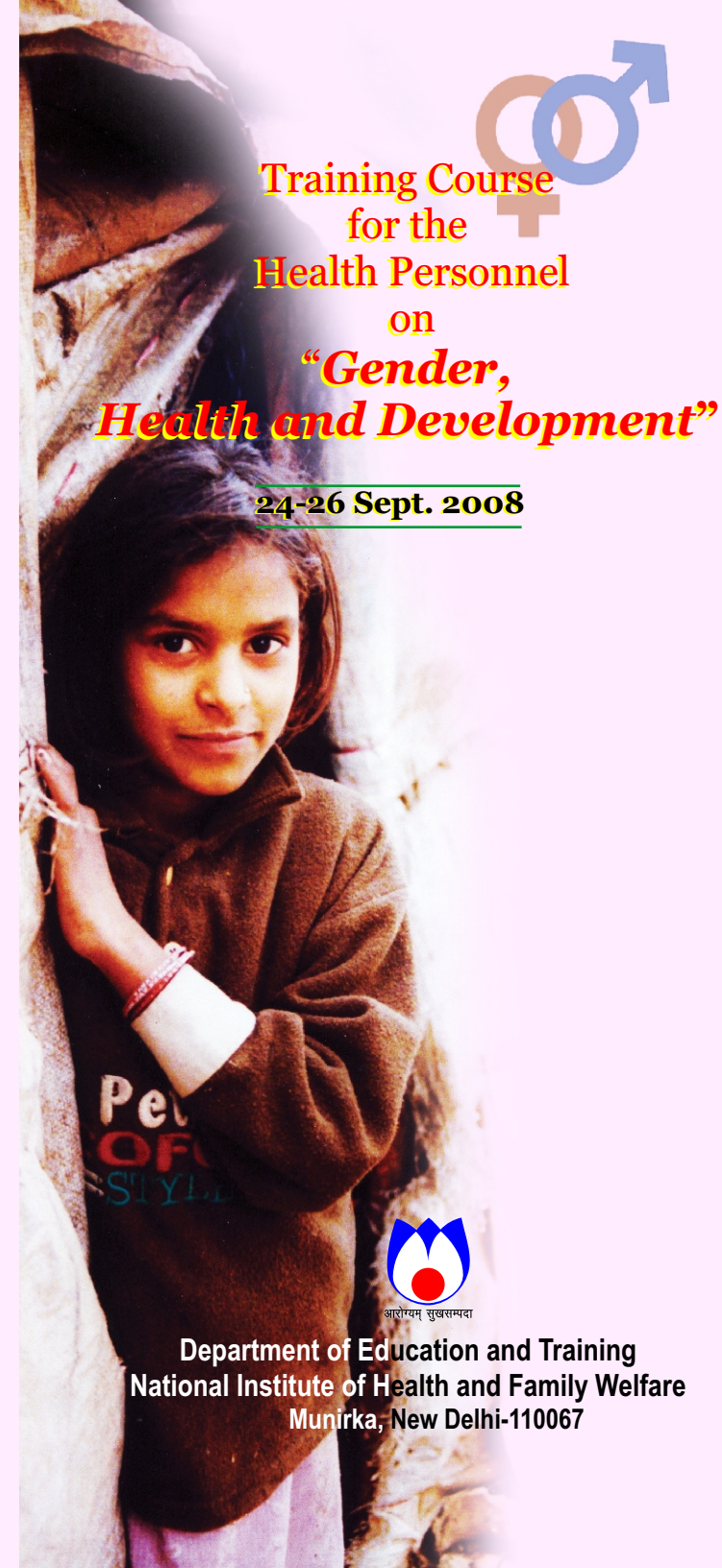
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## Training Course for the Health Personnel on

## "Gender, Health and Development"

24-26 Sept. 2008



आरोग्यं सुखसम्पदा

Department of Education and Training  
National Institute of Health and Family Welfare  
Munirka, New Delhi-110067