

## *Introduction*

Every country in the world is now party to at least one human rights treaty that addresses health-related rights. This includes the right to health as well as other rights that relate to conditions essential for health. Creating human rights awareness is one of the mandatory functions of the human rights Commission as it is considered important and useful for better protection and promotion of human rights. Health and human rights are interconnected and their promotion fundamentally and inextricably intertwined. The effects of violations of dignity and physical integrity on health (mental or otherwise) are as crucial as the effects of poor health on dignity. Both the Universal Declaration of Human Rights (UDHR) and the International Covenant on Economic, Social, and Cultural Rights (ICESCR) recognize that health is central to the dignity of the person and the state's commitment to health of the population as a fundamental human right. In the Indian context, the provisions of Article 21 of the Constitution have been judicially interpreted to expand the meaning and scope of the right to life to include the right to health and to make the later a guaranteed fundamental right, which is enforceable by virtue of the constitutional remedy under Article 32 of the Constitution.

Poor health and inadequate health care are often related to human rights violations. Further, the violation and under fulfillment of human rights are often due to poor health and lack of access to health care. The link is direct in the case of other basic social and economic human rights, such as the right to a standard of living adequate for the health and well being of oneself and one's family. But poverty and lack of health protection are also indirectly linked to failures to secure civil and political rights. The human rights mainly rest on five pillars namely food, clothing, shelter, education and medical treatment.

It is envisaged that enjoyment of the highest attainable standard of health as a fundamental right of every human being (the right to health) was first enshrined in WHO's constitution in 1946. Since then, the right to health has been enshrined in numerous international and regional human rights treaties as well as national constitutions all over the world. All over principles integral to human rights based approach to health include transparency and accountability. In the process of elimination of human rights violations, without education of human rights, we cannot see beyond ourselves and our narrow surroundings to the reality of global interdependence; we cannot realize how people of other races and religions share the same dreams, the same hopes and even we cannot recognize the universality of human aims and aspirations. Therefore, there is a need to sensitise the stakeholders on health related human rights

issues consisting of academicians, activists, NGOs, civil servants, programme implementers at various levels and policy makers, etc.

## *General Objective*

To enhance the capacity for building up skills in planning, implementation, monitoring and evaluation on issues related to health and human rights.

## *Specific Objectives*

At the end of the orientation programme, the participants should be able to:

- Describe the basic concepts and processes of human rights in general.
- List out the specific rights of health of people in Indian context.
- Explain national and international protection and enforcement procedure available under human rights.
- Identify development processes with promotion for health-related human rights under national/international laws.
- Identify the various mechanisms to develop Plan of Action (POP) to promote and protect linkages between health and human rights.
- Strengthen the capacity of individual and institutions to integrate and assess public health policies and programmes from a health and human rights perspective.

## *Course Contents*

The course will be pursued with the following major areas:

- Introduction to human rights
- Health related human rights
- Integrating human rights in health
- The legal framework

## *Methodology*

Participatory approach would be used throughout the orientation programme. Mainly lecture discussion, experience sharing, field-based discussion, group work/group discussion, brainstorming, demonstration, and participant's presentation knowledge transfer will be adopted. Opportunities will be provided to enable the participants to engage in continuous interaction, communication and group exercises. Many eminent

Personalities on human rights and activists will be available during the orientation programme.

## *Duration*

Three days (August. 4-6, 2008)

## *Nature of Participants*

There is enough recognition in the public health community that human rights provide a useful framework and guide for action aimed at ensuring the conditions in which people can be healthy. There is also increased understanding, within the human rights community, how public health contributes to the realization of the right to health and other health-related human rights. This orientation training intends to generate increased clarity and understanding about the important synergy between health and human rights. It is developed with a wide target audience in mind comprising the health and family welfare programme officers, health managers, officials from police department, jail authorities, human right activists, officers from military and para military forces and others including NGOs who have concern about human rights, will be invited.

## *Number of Participants*

(25-30) One or two from each state or organization.

## *Course Outcome*

On completion of the programme participants will be able to apply a human rights based approach to their own work place and will improve knowledge and skills to promote and fulfill health related human rights and contribute to building free, just and peaceful societies. The ultimate result of this orientation training intends to generate increased clarity and understanding about the important synergy between health and human rights. At the same time participants will be able to develop and organize similar type of orientation programmes on their own in decentralized approach.

## *Venue*

Teaching Block,  
National Institute of Health and Family Welfare,  
Munirka, New Delhi-110067.

## Course Coordinating Team

Course Director : Prof. Deoki Nandan  
Course Coordinator : Dr. Y. L. Tekhre  
Course Co-coordinator : Dr. Neelam Makol  
Course Associate : Mrs. Rita Rani



## About the Institute

The National Institute of Health and Family Welfare is a premier autonomous Institute, funded by the Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health manpower development in the country.

NIHFW serves as an apex 'technical institute' as well as a 'think tank' to promote national health and family welfare programmes in the country through education and training, research and evaluation, consultancy and advisory services, specialised projects, etc.

## Location of the Institute

It is situated in South Delhi, near Jawaharlal Nehru University and Munirka DDA Flats. It is easily accessible from both the Indira Gandhi International Airport and the New Delhi Railway Station, approximately 7 kms. and 15 kms. respectively. Pre-paid taxis/auto-rickshaws are available.

## Course Fee

There is no Course Fee. TA /DA /other expenses will be borne by the participant/sponsoring institute.



## Accommodation

Moderate hostel accommodation at nominal rates would be provided to the participants only, within the Institute's Campus.



## Weather

Weather in August will be humid and the temperature will be min. 27° C and max. 40° C.



## Last Date for Receiving Nominations

15<sup>th</sup> July, 2008

(Participants are requested to make travel plans on receipt of confirmation for participation from NIHFW.)

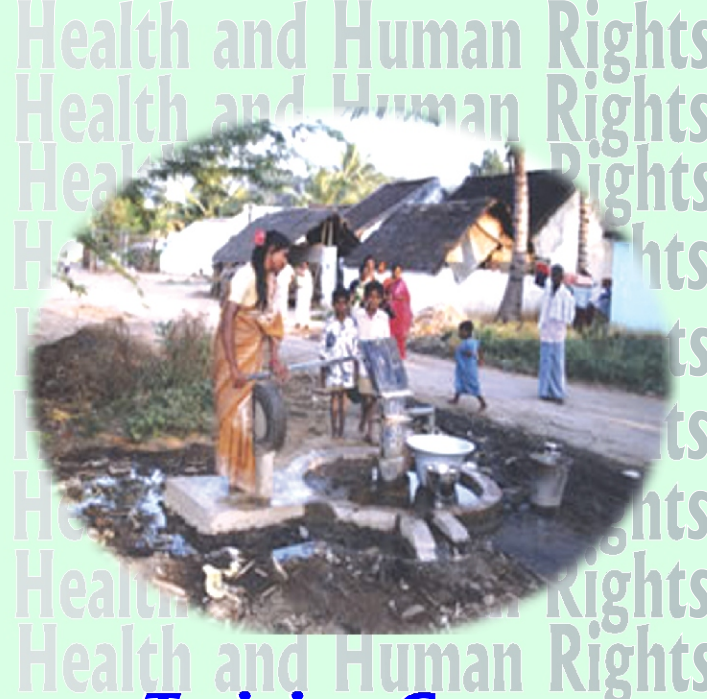
## Further Correspondence to be addressed to:

Dr. Y. L. Tekhre  
Course Coordinator

**Department of Social Sciences**  
National Institute of Health and Family Welfare  
Munirka, New Delhi-110 067  
E.Mail: yade\_lal@yahoo.co.in



Phones: 2616 5959/2616 6441/2618 8485/2610 7773  
Ext. 384  
Fax: 91-11-2610 1623  
E.Mail: director@nihfw.org  
Gram: SWASTH PARIVAR  
Web Site: www.nihfw.org



# Training Course On Health and Human Rights

4-6 August, 2008



आरोग्यम् सुखसम्पदा

**Department of Social Sciences**  
**National Institute of Health and Family Welfare**  
Munirka, New Delhi-110067